

**VALENCIA COUNTY OLDER AMERICAN PROGRAM  
MONTHLY MENU – May 2014**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>Thursday</b>	<b>FRIDAY</b>
			<b>1</b>	<b>2</b>
			<b>Bean Salad</b> <b>Beef Tips</b> <b>Carrots</b> <b>Rice</b> <b>Crackers</b> <b>Fruit / Milk</b>	<b>Carrot Salad</b> <b>Fish Sandwich</b> <b>Broccoli</b> <b>Potato Chips</b> <b>Fruit / Milk</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>Salad</b> <b>Asian Beef W/Peppers</b> <b>Oriental Vegetables</b> <b>Rice</b> <b>Crackers</b> <b>Fruit / Milk</b>	<b>Green Chile Cheese</b> <b>Burger</b> <b>Lettuce, Tomato &amp;</b> <b>Onion</b> <b>Fries</b> <b>Fruit / Milk</b>	<b>Chicken Tacos</b> <b>Corn &amp; Peppers</b> <b>Salsa</b> <b>Spanish Rice</b> <b>Fruit / Milk</b>	<b>Carrot Raisin Salad</b> <b>Ground Beef Steak</b> <b>W/Onion Gravy</b> <b>Green Beans</b> <b>Mashed Potatoes/Roll</b> <b>Fruit / Milk</b>	<b>Tomato/Onion Salad</b> <b>Pork Carnitas</b> <b>Red Chile</b> <b>Calabacitas</b> <b>Refried Beans</b> <b>Fruit / Milk</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>Cole Slaw</b> <b>Sloppy Joes</b> <b>Jalapenos &amp; Onions</b> <b>Potato Chips</b> <b>Fruit / Milk</b>	<b>Salad</b> <b>Baked Ham W/</b> <b>Pineapple Glaze</b> <b>Green Beans</b> <b>Sweet Potato-Roll</b> <b>Fruit / Milk</b>	<b>Salad</b> <b>Chicken Strips</b> <b>Peas &amp; Carrots</b> <b>Potato Salad</b> <b>Bread</b> <b>Fruit / Milk</b>	<b>Tomato &amp; Onion Salad</b> <b>Hot Roast Beef Sandwich</b> <b>Broccoli</b> <b>Mashed Potatoes</b> <b>Fruit / Milk</b>	<b>Zucchini Salad</b> <b>Spaghetti W/Marinara</b> <b>Italian Vegetables</b> <b>Garlic Bread</b> <b>Fruit / Milk</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>Bean Salad</b> <b>Beef Stew</b> <b>Crackers</b> <b>Fruit /Milk</b>	<b>Zucchini Salad</b> <b>Lettuce/Tomato/Salsa</b> <b>Beef Tacos</b> <b>Refried Beans</b> <b>Fruit / Milk</b>	<b>Tomato &amp; Tomato Salad</b> <b>Hot Turkey Sandwich</b> <b>Brussels Sprouts</b> <b>Mashed Potatoes</b> <b>Fruit / Milk</b> <b>Fruit</b>	<b>Salad</b> <b>Chicken Teriyaki</b> <b>Oriental Vegetables</b> <b>Rice/Crackers</b> <b>Fruit / Milk</b>	<b>Bosque Farms</b> <b>***</b> <b>Picnic Style Lunch</b> <b>To be Announced</b> <b>Bring along a Picnic</b> <b>Favorite!</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>CLOSED FOR</b> <b>MEMORIAL DAY</b>	<b>Cole Slaw</b> <b>Chile Cheese Dog</b> <b>Peppers/Onions</b> <b>Ranch Beans</b> <b>Fruit / Milk</b>	<b>BF Potluck/</b> <b>Birthday Party</b> <b>With</b> <b>Fiddlers &amp; Musicians</b> <b>Of NM</b>	<b>Cucumber Salad</b> <b>Ham Salad Sandwich</b> <b>Lettuce &amp; Tomato</b> <b>Potato Chips</b> <b>Fruit / Milk</b>	<b>Green Chile Chicken</b> <b>Enchiladas</b> <b>Lettuce &amp; tomato</b> <b>Spinach</b> <b>Refried Beans</b> <b>Fruit / Milk</b>