

**VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – February 2012**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Lettuce & Tomato Red Chile Beef Enchiladas Calabacitas Pinto Beans Milk-Fruit	Pork Fajitas Bell Peppers & Onions Salsa Spanish Rice Tortilla-Milk Fruit	Beef And Macaroni Italian Vegetables Garlic Bread Milk Fruit
6	7	8	9	10
Beet Salad Green Chile Pork Stew Crackers Milk Fruit	Salad Salisbury Steak Green Beans Roasted Potato Bread-Milk Fruit	Carrot Salad Chicken Mushroom Sauce Broccoli-Rice Pilaf Roll-Milk Fruit	Salad Spaghetti Meat Sauce Italian Vegetable Garlic Bread-Milk Fruit	Lettuce&Tomato Chile Relleno Green Chile Hominy/Bell Peppers Red Onions Milk-Fruit
13	14	15	16	17
Beet Salad BBQ Pork Cauliflower Ranch Beans Bun-Fruit Milk	3 Bean Salad Polish Sausage Sauerkraut Ranch Beans Bun-Milk Fruited Jell-o	Lettuce & Tomato Green Chile Chicken Enchiladas Spinach Pinto Beans Milk-Fruit	Potato Salad Chicken Patty Braised Celery&Carrots Bun Milk Fruit	Zucchini Salad Tuna Salad W/ Celery&Onions Bread Milk Fruit
20	21	22	23	24
Cole Slaw Chicken Caldito Pinto Beans Crackers Milk Fruit	Meatloaf Green Beans & Stewed Tomato Mashed Potato Bread-Milk Fruit	Salad Baked Ham Green Beans Mashed Potato Milk-Bread Fruit	Salad Beef Lasagna Broccoli Garlic Bread Milk Fruit	Salad Beef Tips Mushroom Sauce Carrots-Rice Bread-Milk Fruit
27	28	29		
3 Bean Salad Beef Stew Crackers Milk Fruit	Salad Chicken Fried Chicken Mixed Vegetable Mashed Potato Roll-Milk Fruit	Bosque Farms Community Center Potluck With Fiddlers & Musicians Of New Mexico		